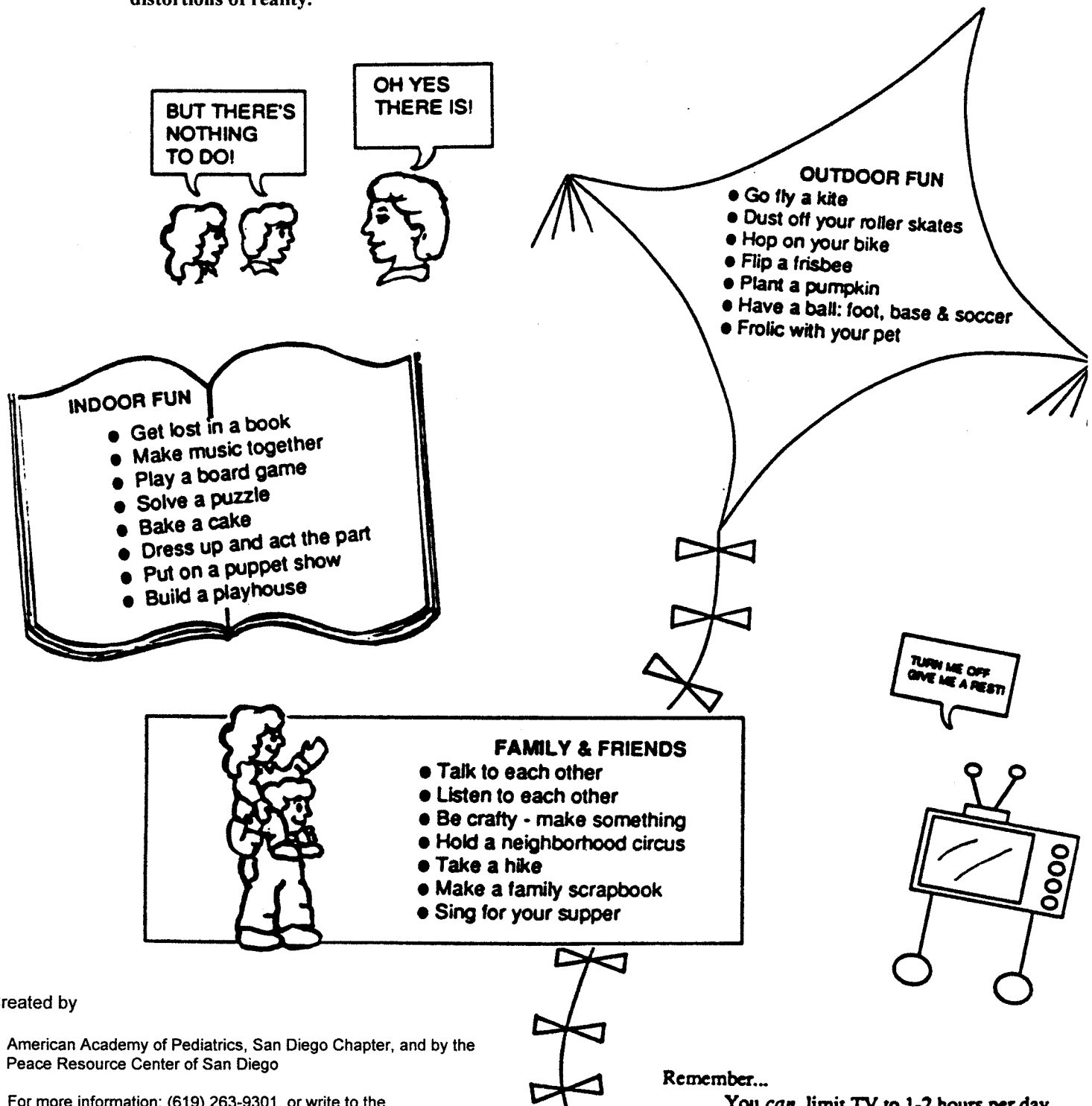


TURN TV OFF... TURN FUN ON

Why should I turn off the TV?

Once upon a time, before TV, children used their imaginations to create their own fun. Today, children are captured by fast moving, violent programs, slick commercials and Hollywood stereotypes, and spend long hours just sitting passively absorbing television's distortions of reality.



Created by

- American Academy of Pediatrics, San Diego Chapter, and by the Peace Resource Center of San Diego
- For more information: (619) 263-9301, or write to the PRC, 3850 Westgate Place, San Diego, CA 92105
- We invite you to make copies of this leaflet and to distribute it. We appreciate hearing how you have used this information.

Remember...

- You can* limit TV to 1-2 hours per day
- You can* choose positive programs
- You can* watch together and then talk about